



ADEX Exam Site Information
for Candidates

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March 28, 2020

DSU | COLLEGE OF HEALTH SCIENCES
DIXIE STATE UNIVERSITY | **DENTAL HYGIENE**

Taylor Health Sciences Center

St. George, Utah 84790

(435) 879-4900

Information for Candidates

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Welcome to Dixie State University's Department of Dental Hygiene at the Taylor Health Sciences Center. The faculty and staff realize clinical boards are inherently stressful, especially when applicants are working in an unfamiliar clinic. We sincerely that this handbook, which has been prepared to help assist dental hygiene candidates for the Commission on Dental Competency Assessments (CDCA) administered ADEX dental hygiene exam, will help make your time with us as smooth as possible.

If you have additional questions after reading this handbook, please contact us at 435-879-4905, or email at dentalhygiene@dixie.edu

Exam Location & Directions

Mailing Address

DSU Dental Hygiene
225 South University Avenue
St George, UT 84770

Clinic Address

DSU Dental Hygiene Clinic
Taylor Health Sciences Center
1526 E Medical Center Drive
St. George, Utah 84790



Driving Directions to the Clinic

- At **EXIT 8**, take ramp for I-15 **St George Boulevard**
- Turn **LEFT** onto UT-34 E / E St George Blvd
- Turn **RIGHT** onto River Rd. You will **pass Target and Lowes** on the left-hand side.
- Turn **LEFT** onto **E Medical Center Drive / E 480 South**
- Pass Intermountain Dixie Regional Medical Center and Jubilee Home II on the right-hand side.
- Turn **RIGHT** into the DSU Taylor Health Sciences Center parking lot.
- Park and enter on the **SOUTHEAST SIDE** at the Dental Hygiene Clinic Entrance.

Click on [map](#) for larger view.

Telephone Numbers

(435) 879-4900 Clinic Manager: Elyse Perkins
(435) 879-4905 Secretary: Rachel Christ
(435) 879-4909 Department Chair: Brenda Armstrong RDH MDH

Parking & Clinic Entrance

- Enter the Clinic on the South Side of the Taylor Health Science Center
- **Free parking** for Candidates and Patients allowed in any part of the parking lot located at the Russell Taylor Health Science Building.
- Permits are not required during CDCA examination days and parking lot hours are 6:00 a.m. to 6:00 p.m.
- Vehicles left after hours on campus are subject to being towed.

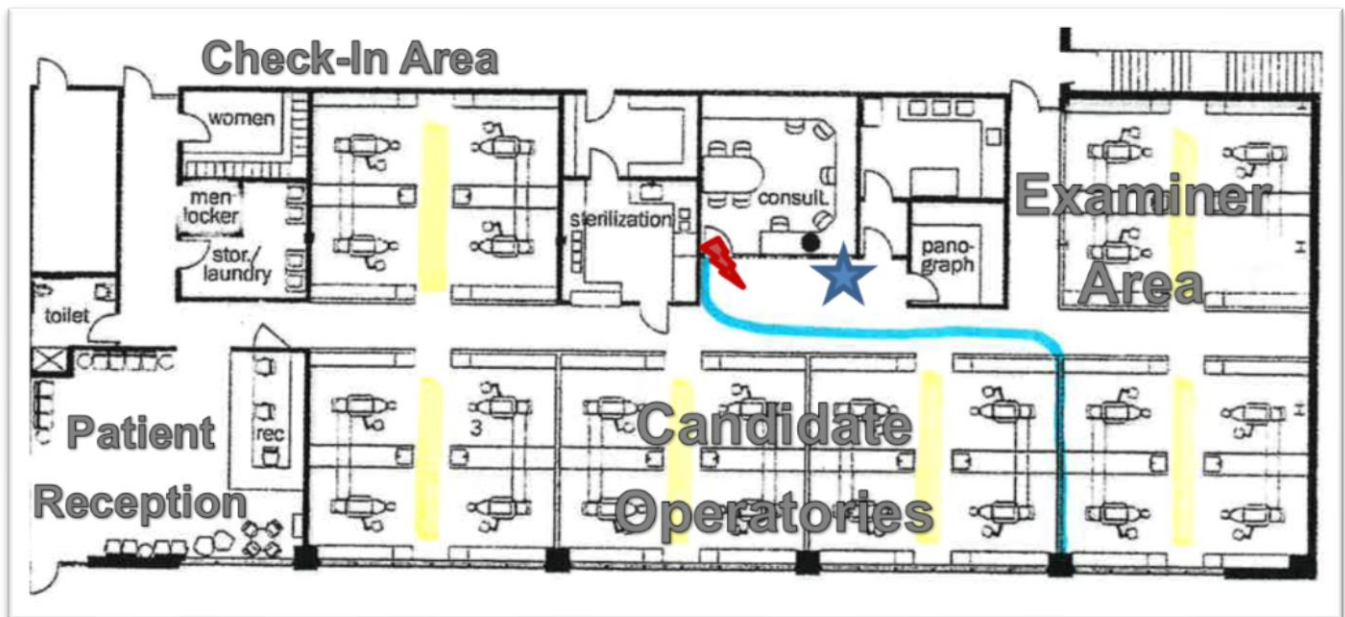


Click on [map](#) for larger view.

Clinic Floor Plan

Patient reception area, Candidate clinic, Examiner grading area, areas of emergency equipment:
Please see attached map

- **Blue line** represents barrier curtains.
- Operatories on the right side of the blue line are the **examiner area**.
- Operatories on the left side of the blue line are **candidate operatories**.
- **Patient reception room** is located on the far left lower corner.
- The hallway located just outside the top of the map is the **check-in area**.
- ★ **Blue star** notes location of emergency binder, emergency first aid kit and emergency oxygen.
- ⚡ **Red lightning bolt** notes location of the AED unit.



Local Accommodations

Airport Information

Candidates can choose to fly into either St George Regional Airport (half hour from exam site) or Las Vegas, NV airports (2.5 hours from exam site).

- Website for St. George Regional Airport (SGU): <https://www.flysgu.com/>. You will also find ground transportation available at this website.
- Website for Las Vegas, NV, McCarran International Airport: <https://www.mccarran.com/>

Lodging: Hotel/Motel

Reservations should be made directly with hotels/motels accommodations located in St George, Utah. Most hotel accommodations in St. George would be no more than 20 minutes away from the DSU Taylor Health Sciences Center.

Food & Beverage Services

Dixie State University has no food, beverage, or cafeteria services for candidates or their patients except for a couple of vending machines. Candidates should inform their patients to eat before coming to the exam or candidates may choose to bring a small amount of food and beverage for their patients that the on-site **school coordinator can refrigerate and then retrieve for them** when it is needed. There are many gas stations, restaurants, fast food establishments, and a grocery store located within one (1) mile of the clinic if you wish to purchase food. However, **food or drink are not allowed in any areas** near the candidate clinics or check in desk during the examination.

Preparing for the Exam

Clinical Patient Screening: Dixie State University Dental Hygiene Clinic will be available for patient screenings for out-of-town candidates **March 27, 2020 from 5:00pm to 7:00pm. You must arrive no later than 6:30pm to screen a patient.**

DSU does not provide patients for candidates and **does not have** the responsibility for providing examination patients or back-up patients for **any** candidate for any reason. The CDCA candidate is solely responsible for scheduling, securing and screening qualified patients for any/all CDCA exam(s) and should not make requests of anyone associated with the college (faculty, administration, or staff) for possible back-up patients, patient information, patient consultation, advice, or patient records relating to any patient being considered for a CDCA examination. All questions regarding candidate qualifications should be directed to the appropriate CDCA officials. Candidate qualifications are provided in your candidate guide delivered to you directly by CDCA.

Radiographs: In the event that a candidate needs radiographs taken, an x-ray machine will be available along with assistance with the software. A digital full mouth panoramic radiograph (or one PA) may be purchased for \$30. **All fees must be paid in cash. No credit cards or checks are accepted. No digital radiographic services will be available for CDCA candidates during the examination.**

Administration of Local Anesthetic: A qualified, licensed practitioner will be available to administer local anesthetic during the exam for **\$30.00 per patient.** The fee covers all items necessary for the administration of local anesthesia for one patient. **Fees are payable to DSU using cash only.**

Equipment, Instruments & Expendable Dental Materials: Refer to the respective [CDCA Candidate Guide](#) for a list of materials and armamentarium that the Candidate must provide.

- **Handpiece and Propy Angle Hookups:** The DSU Dental Hygiene clinic has standard slow speed handpiece hookups. Slow speed handpieces are available to **rent for \$30.00** (Disposable rubber cup on hand piece is included with rental). **Cash only. One week advance notification is required. Please call (435) 879-4900.** No high speed handpieces will be available.
- **Sonic/Ultrasonic Devices:** All operatories have Dentsply Cavitrons and handpieces are available for **rent for \$60 cash.** Ultrasonic inserts for DSU units are 30k but are not available for rent. Candidates should plan to bring their own 30k inserts. Should a candidate desire to use their own ultrasonic, all operatories are equipped with a standard “quick connect” water hookup. Adapters are available. **One week notice required for rental of ultrasonic handpieces. Please call (435) 879-4900.**

- **Instruments:** Candidates must bring the instruments required by CDCA (listed in the Candidate Guide). Candidates may also bring additional instruments as preferred. Instruments must be sterilized at least one day prior the examination.
- **Air/Water Syringe Tips:** Syringe tips are disposable and available at no charge.
- **Bite Blocks:** Candidates should plan ahead and bring bite blocks to make their patients more comfortable during the exam.
- **Blood Pressure Cuffs and Stethoscopes:** Candidates should bring their own blood pressure cuffs and stethoscopes.
- **Expendable Materials:** Expendable dental materials supplied by the school are noted below. (Items not listed are responsibility of Candidate).

Expendable Dental Hygiene Materials List		
2x2 gauze squares	Cotton-tip applicators	Patient bib clips, disposable
Air/water syringe tips	Drinking cups	Patient napkins/bibs
Antimicrobial mouthwash	Face masks	Prophy paste
Anesthetic(s)	Facial tissue	Sanitizing materials
Local anesthetic(s)	Gloves	Soap
Topical anesthetic(s)	Gloves, non-latex (S,M,L,XL)	Standard saliva ejectors
Autoclave bags, small	Overgloves	Surface disinfectant
Autoclave bags, medium	Headrest covers	Tray covers
Autoclave tape	Instrument trays, disposable	Trash bags
Barrier covers/tape	Paper towels	

Personal Protective Equipment (PPE)

- Appropriate protective equipment (which includes disposable gowns) is provided/available by DSU (one per day free of charge) and must be worn in all occupational exposure situations.
- Disposable gloves, masks, and gowns will be available on the clinic floor free of charge during the examinations.
- Candidates must provide their own OSHA-acceptable protective glasses and should also provide protective glasses for their patients. DSU does not provide disposable side shields for glasses.

Language Interpreter Services

Language interpreter services for candidates and patients are not provided by DSU. Candidates wishing to bring an interpreter (for languages other than English) must provide all accommodations required. All interpreters must check in with the CDCA site coordinator and school coordinator upon arrival and will only be allowed into the clinical area when their services are required. Candidate

interpreters must abide by all applicable candidate rules (no cell phones, notes, or PDA's) and safety requirements as well as all reasonable CDCA site coordinator and/or DSU site coordinator requests to ensure that all other candidates have a fair, secure, quiet, safe, effective, and successful examination.

Other Limitations

- **Instrument Sharpening:** No instrument sharpening services for dental hygiene instruments are available at DSU (before, during, or after the examination). If a candidate experiences a broken tip on one or more of their instruments during the examination, DSU does NOT have replacement instruments to loan/sell to candidates, so please come prepared accordingly.
- **Latex Allergy:** Patients that have a latex allergy will not be allowed into the DSU clinic for your CDCA examination!
- **Personal Property (cell phone, instruments, etc.):** As a reminder candidates and patients should not bring cell phones, notes, or PDA's to the examination. Items left behind after a candidate's exam is completed may not be returned. DSU will make every effort to remind candidates not to leave instruments and other items behind when they leave as DSU will not mail ANY items left behind.
- **Requesting Assistance:** If candidates request any help from the DSU School Coordinator or staff, we will be happy to help. However, the candidate assumes all responsibility for any help or attempted assistance given. Inadvertent damage or perceived damage to any personal items, instruments, ultrasonics, or other items that the candidate is seeking help with is the sole responsibility of the candidate.

Sterilization Services: Should candidates require instrument sterilization, an assistant will be available between **4:30pm and 5:30pm March 28, 2020** to sterilize instruments **if** the candidate is planning to stay for sterilization to be completed. Return of sterilized equipment is at 6:30pm on the same day of the exam. Sterilization services will not be available after 5:30pm. Candidates should bring appropriate containers for carrying out soiled instruments following the examination.

During the Clinical Exam

Dental Operatory Units: All operatories are equipped with Belmont chairs, BDS 0020 and delivery control Belmont X-Calibur 2575.

Infection Control (Surface Asepsis):

- Each candidate will be expected to clean her/his operatory area following the examination. Candidates will be given a packet of barriers to reset the area for the following candidate.
- All barriers, eye protection, masks and gloves are required during cleaning tasks.
- Disinfectant sprays will not be used in the immediate clinic area. Disinfection of clinic surfaces is to be performed using pre-moistened *Sani-cloths* located in the cabinet underneath the sink.
- Please clean up any disclosing solution spills or shoe scuff marks from the floors when cleaning. Cleaning supplies are available upon request.
- All areas touched during patient treatment should be barrier wrapped. These areas should also be wiped down with Sani-cloths following the examination.
- Overgloves are available so that no paperwork or pens are touched with patient gloves.
- **Candidates should arrive with sterile instruments.** In the event candidates need sterilization procedures, an assistant will run the instruments through an ultrasonic pre-cleaning unit, then autoclave the instruments. The sterilization process takes approximately 1.5 hours. DSU will not sterilize instruments following the examination, so candidates must bring appropriate containers for carrying soiled instruments.
- A large red biohazard container is located in the sterilization area in the middle of the clinical area. There will be a small white bag with biohazard sticker at each unit for biohazard waste.

Hazardous Waste Disposal (exam-type specific):

- **Hygiene:** Procedure for disposal of blood/saliva-soaked waste.
 - A large red biohazard container is located in the sterilization room near the center of the clinical area. There will be a small white bag with a biohazard sticker at each unit for biohazard waste. During cleanup, these bags should be folded down tightly, taped shut and deposited in the large red biohazard bin. **The biohazard waste is only for blood-soaked items.** Other disposable items may be placed in the regular garbage cans.
- **Local Anesthesia:** Sharps containers are available in each operatory. With protective shield in place, remove needle from syringe and place in a paper cup. Empty paper cup in sharps container.
 - **Sharps Disposal:** Red plastic sharps containers are available in each operatory. All needles, irrigation tips, broken instrument tips, etc. should be safely placed in a paper cup then emptied into the sharps container.

Emergency Medical Equipment Locations. Ask DSU personnel for immediate assistance.

- **Emergency Protocol Binder:** Each operatory has a medical emergency protocols binder mounted above the sink.
- **Phone calls:** Dial “8” for an outside line. A “911” call script is taped to the wall by each phone in the operatories.
- **First aid kits:** In the sterilization room and faculty room.
- **AED:** Mounted on the wall between Sterilization room and faculty room.
- **Emergency oxygen tank & emergency kit:** In the Panoramic X-Ray room. An emergency binder is on the wall outside the Panoramic X-Ray room with all necessary information.
- **Eyewash station:** In the sterilization room.
- **Exposure protocol** (needle sticks, etc.): In the faculty room.

For additional questions, email DentalHygiene@dixie.edu.