



**South Florida State College
Dental Hygiene Program
CDCA Dental Hygiene Candidate Handbook**

**600 West College Drive
Avon Park, Florida 33825-9356**

Welcome to South Florida State College

The faculty and staff of South Florida State College Dental Hygiene Program realize clinical boards are inherently stressful, especially when applicants are working in an unfamiliar clinic. It is our sincere hope that this handbook, which has been prepared to help assist dental hygiene candidates for the Commission on Dental Competency Assessments (CDCA) administered ADEX Exam, will help make your time with us as smooth as possible. **If you have additional questions after reading this handbook, please contact us at saccuzzd@southflorida.edu** for more information.

COVID-19 Protocol:

All candidates will be required to wear a mask upon entering the dental education building. All candidates will complete a COVID-19 screening and temperature reading. Any candidate who is showing symptoms of COVID-19, is awaiting COVID-19 results, or presents with a temperature greater than 100.4°F will not be permitted to sit for the exam. The operatory fee will be forfeited.

South Florida State College Operatory Fee:

All candidates participating in the CDCA/ADEX Dental Hygiene Exam at this location are required to pay a \$125.00 facility fee, which is NOT refundable. The facility fee includes the use of the equipment as well as all disposable items and costs incurred to prepare the clinic. The payment must be in the form of a **money order or cashier's check**. Personal checks will not be accepted. Payment must be received by May, 19, 2022. Operatory fees will not be accepted after that date or the day of the exam. Please make a check or money order payable to **South Florida State College**. Remit payment to:

South Florida State College
Dental Education
600 West College Drive
Avon Park, Florida 33825
Attention: Lauren Redick/CDCA

South Florida State College is located Avon Park, Florida. Our dental hygiene clinic is located on the Highlands Campus in Building T-1.



When entering College Drive, the dental building is the 6th entrance to the right. T building is located to the right of the circle drive. The building is marked “Dental Education”

TRAVEL and HOUSING ARRANGEMENTS:

Airport Information:

Major airports near Avon Park, Florida:

- 64 miles to Charlotte County Airport (PGD / KPGD)
- 74 miles to Sarasota-Bradenton International Airport (SRQ / KSRQ)
- 77 miles to **Orlando International Airport** (MCO / KMCO)
- 92 miles to Tampa International Airport (TPA / KTPA)

Rental Car Information:

Orlando International Airport

- Alamo. 1-800-327-9633.
- Avis. 1-800-831-2847.
- Budget. 1-800-527-0700.
- Dollar **Car Rental**. 1-800-800-4000.
- Enterprise. 1-800-325-8007.
- Hertz **Car Rental**. 1-800-654-3131.
- National. 1-800-227-7368.
- Payless. 407-856-5539.

Charlotte County Airport

- Hertz. Punta Gorda, FL · (941) 575-7983
- Alamo. in Punta Gorda Airport · (888) 826-6893
- Avis . in Punta Gorda Airport · (941) 575-7567

Sarasota-Bradenton International Airport

- Alamo (833) 336-0433
- Enterprise (833) 336-0435
- Avis · (941) 359-5240
- Alamo · (833) 336-0433

Tampa International Airport

- Hertz · (813) 874-3232
- Alamo · (844) 370-9187
- TPA Rental Car Center· (813) 870-8770
- Enterprise · (833) 892-9213
- Budget Car Rental· (813) 396-3126
- Avis Car Rental· (813) 396-3500
- Executive Car Rental· (813) 344-4359
- ACE Rent A Car· (877) 660-4223
- Fox Rent A Car Tampa (813) 337-0950
- Sixt Rent A Car· (888) 749-8227
- Payless Car Rental· (813) 289-6554
- National Car Rental (844) 370-9186

Hotel/Motel Accommodations:

Reservations should be made directly with hotels/motels accommodations located close to the college are listed below. Candidates should call for rates.

Holiday Inn Express

4389 Keiber Blvd, Sebring, FL 33870
(863) 386-1115

Inn On The Lakes

3101 Golfview Rd, Sebring, FL 33870
(863) 471-9400

Tru By Hilton

1775 US Hwy 27 S, Sebring, FL 33870
(863) 471-0000

La Quinta Inn & Suites by Wyndham

4115 US Hwy 27 S, Sebring, FL 33870
(863) 593-7488

Parking:

Parking is available adjacent to the Dental Education Building T-1. Parking permits will not be required during CDCA examination day.

Security:

South Florida State College has on-campus police presence and on-site security services for CDCA examination day.

South Florida State College Facility and Services

Building and Access Hours:

The South Florida State College Dental Hygiene Clinic (building T-1) will open from 7:00 a.m. to 5:00 p.m. on examination day unless otherwise requested by the CDCA. Please note that **the day before the examination begins**, the dental hygiene clinic **will be closed to everyone** (including tours) for cleaning and pre-examination set-up.

Food and Beverage Services:

South Florida State College **has** a full cafeteria on campus. There are many gas stations, restaurants and fast food establishments located within one (1) mile of the campus. However, **food or drink are not allowed in any areas** in or near the candidate clinic or check in desk during the examination.

Registration and Identification Badges:

Numbered badges issued to candidates by CDCA will serve as your I.D. throughout the examination. The badge must be worn at all times while in the building. Badges **must be turned in** at the completion of the examination as a part of the checkout procedure with CDCA

Preparing for the Clinical Phase of the Examination

Candidates will be using the South Florida State College Dental Hygiene Clinic for the CDCA (ADEX) exam. Each candidate will be assigned a numbered operator that corresponds to his or her numbered I.D. badge. Each operator is equipped with one dental chair, one delivery unit equipped with air/water syringe, and one operator's stool. All equipment malfunctions that take place during the examination should be immediately reported to the South Florida State College Site Coordinator.

Emergency Equipment and Preparedness for Medical Emergency

All candidates should familiarize themselves with the location of the oxygen/emergency cart (medical emergency kit) and the first aid kit. During the examination, the emergency cart/first aid kit will be placed in the middle of the dental hygiene clinic. The AED is located in the lobby, (reception area) of building T-1 **In the event of an emergency, the procedure is:**

- Verbally notify the CDCA Floor Assistant, Site Coordinator or Chief Examiner of the emergency.
- Make sure someone calls the local 9-1-1 (notify EMS).
- Administer oxygen (O₂) from the green oxygen cylinder located next to the emergency cart.
- Administer Basic Life Support (BLS) until EMS arrive.

During the Board

Handpiece/Ultrasonic:

Candidates are permitted to use ultrasonic scalers during the Manikin Treatment Clinical Exam. Each operatory is equipped with built-in ultrasonic handpieces for 30k ultrasonic tips. We use Hu-Friedy ultrasonic tips. Densply tips are not compatible with our units. We have found that the Densply tips will not stay seated in the handpiece. South Florida State College does NOT have ultrasonic tips for rental. Plan accordingly and bring your own.



Infection Control/Asepsis Requirements:

a. Surface Asepsis

- i. Handles of the unit light, and chair headrest and chair controls must be covered with plastic barrier wrap
- ii. The patient chair, dental unit, counter tops, and operator stool should be disinfected with the supplied disinfectant wipes.
- iii. Disinfectant wipes, plastic/barrier headrest covers and plastic/barrier wrap are provided by South Florida State College for all candidates.
- iv. Disposable plastic overgloves are available for candidates upon request.
- v. Candidates must furnish their own sturdy utility gloves (nitrile) to be worn when disinfecting the operatory.
- vi. Standard precautions for infection control guidelines and Personal Protective Equipment usage should be observed during the CDCA exam at South Florida State College. This includes standard OSHA standards and guidelines.

Personnel Protective Equipment:

Appropriate protective equipment is provided by South Florida State College includes:

Disposable gloves

Level 3 surgical masks

Disposable gowns

Candidates must provide their own OSHA-acceptable protective glasses, scrubs, long socks and closed-toed shoes

Please note that South Florida State College does not provide face shields or disposable side shields for glasses.

SOUTH FLORIDA STATE COLLEGE ASSUMES NO RESPONSIBILITY OR LIABILITY FOR CANDIDATES WHO BRING DENTAL HYGIENE INSTRUMENTS, OR OTHER PERSONAL EFFECTS/ITEMS ONTO CAMPUS. THIS POLICY ALSO INCLUDES ITEMS THAT MAY BE LOST, BROKEN, DAMAGED, OR STOLEN.

Disposable Items:

All of the following items are expendable materials and are provided by South Florida State College to all candidates.

- Surface disinfection wipes
- Barrier materials & tape
- Bracket tray covers
- Red biohazard bags
- Headrest covers
- Barrier tape (roll)
- Tray covers/Barriers
- Instrument trays
- Overgloves
- HVE Tips
- Disposable bib clips
- Non-latex gloves (S-XL)
- Air water syringe tips (plastic)
- Facial tissue
- Patient napkins
- Standard saliva ejectors
- Level 3 surgical face masks
- Cotton rolls
- Hand soap (liquid)
- 2 x 2 gauze squares
- Paper towels

Disposable Air/Water Syringe Tips:

South Florida State College provides and uses disposable air/water syringe tips specific for our units.

Other Limitations:

No instrument sharpening services for dental hygiene instruments are available at South Florida State College. If a candidate South Florida State College experiences a broken tip on one or more of their instruments during the examination South Florida State College does NOT have replacement instruments to loan/sell to candidates, so please come prepared accordingly. As a reminder, candidates should not bring cell phones to the examination. Items left behind after a candidate's exam is completed may not be returned. South Florida State College will make every effort to remind candidates not to leave instruments and other items behind when they leave. South Florida State College will not mail ANY items left behind. If candidates request any help from the South Florida State College School Coordinator or staff we will be happy to help, however the candidate assumes all responsibility for any help or attempted assistance given. Inadvertent damage to any South Florida State College equipment is the sole responsibility of the candidate. The candidate will be responsible to pay for the damages. South Florida State College does not rent ultrasonic tips.

We hope that this guide has been helpful and that your examination experience at South Florida State College will be a pleasant one. If there are any errors (incorrect phone numbers, addresses, etc.) in this guide please contact South Florida State College and we will attempt to update this guide as soon as possible. Please email all corrections to saccuzzd@southflorida.edu Good luck on your examination!